DEVOTIONS

Think about devotions is as a continuation of our community's worship. The following basic pattern could be one way of forming your household's devotions. Adapt as necessary!

GATHERING

♣ Light a candle to help you focus this time as "God time."

God of mercy, all of us are in need of healing and new life from you. Show us how we might touch you and be made well. Help us be your love to a world in desperate need of healing. We pray in Jesus' name. Amen.

CARING CONVERSATION

Take a moment to check in with each other or to use the questions below.

- ? **Highs & Lows:** Name one thing that was fun today. Name one thing that was not fun today.
- ? Thinking About This Week's Story: Jesus healed a young girl and a hemorrhaging woman. Now, Jesus gives us other people in our lives to help heal us—physically, mentally, emotionally. Name one thing that happened today that was healing. Who helped you?
- ? **Geting Ready for Next Week's Story:** Jesus sends out his disciples to share the good news of God's love with others. How did you share God's love today?

DAILY BIBLE READING

Read aloud from the DAILY BIBLE READING from the front. What do you want to remember from this reading?

PRAY TOGETHER

♣ Have each person name someone who is need of healing. Pray for each named person.

CLOSING

- If you used a candle, extinguish it as a sign of the end of the devotion time.
- Partials & Traditions: A Blessing to Share

Mark one another with the sign of the cross on each other's hands or forehead, and say, "Jesus blesses you with mercy and new life. Amen."

The "Four Key Faith Practices"—Caring Conversations, Devotions, Service, and Rituals & Traditions—are a framework developed by the Rev. Dr. David Anderson of Milestones Ministry and used by permission from Vibrant Faith Ministries, Bloomington, MN (www.vibrantfaith.org). For more information about the Four Keys, go to http://milestonesministry.org/.

FEBRUARY 2, 2020 Mark 5:21-43



SCRIPTURE VERSE FOR THE WEEK

[Jesus] said to her, "Daughter, your faith has made you well, go in peace, and be healed of your disease."

- Mark 5:34

MEALTIME PRAYER

You give us faith, dear God, so that we can believe. You give us food, dear God, so that our bodies can grow. You give us family and friends, dear God, so that we can feel your love through others. Amen.

DAILY BIBLE READINGS

As you read the stories for the week, ask yourself: **What did you learn about God from each story?**

Sunday	Mark 5:35-43	A Girl Raised
Monday	Psalm 46	God Is Our Refuge
Tuesday	Psalm 100	A Joyful Noise to the LORD
Wednesday	Psalm 121	Help Comes from God
Thursday	Psalm 126	The Lord Restores Us
Friday	Psalm 131	A Song of Quiet Trust
Saturday	Mark 6:1-6	A Prophet Comes Home
Sunday	Mark 6:7-13	Sending Out the Twelve

If your household includes younger children, use a child-friendly Bible. You might find that the children's Bible you are using may not include the very story assigned for the DAILY BIBLE READINGS. **Read to your kids anyway. Just pick a story!**

SERVICE CHALLENGE

SERVICE is how we enact God's great love for the entire world.

Think of someone in your neighborhood, school, or church who is in need of extra help. Bring them a plate of cookies, a meal, or just some conversation this week.